

# TAKE HEART

## A Conversation in Poetry

*Edited & Introduced by Wesley McNair,  
Maine Poet Laureate*

In today's poem Gary Lawless of Nobleboro, guided, as ever, by the lessons of the wild, observes and listens to loons.

### Listening for Loons

*by Gary Lawless*

i  
wild roses down  
to the water  
one loon alone  
northeast of the island  
cedarscent

ii  
water lily or  
loon white  
on the water both  
bright  
flowers flowers  
on the surface of  
this world

iii  
like loons we dive under  
dive under and  
come up somewhere else

iv  
every night now  
i listen for loons  
to hear their voices  
to leave this body  
to return to stars

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